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'A time to heal'

ORLANDO SHOOTING

Halifax LGBTQI+ coming together after mass killing



Kristen Lipscombe
Metro | Halifax

Halifax bartender Joe Smith's hands seemed to instinctively reach for her heart as she read the latest news available online about Sunday's mass shooting inside an Orlando gay club.

Smith clutched her chest as she learned the latest tally of at least 50 dead, the result of suspect Omar Mateen opening fire in a violent act of hatred, reportedly referencing ISIS before dying in a gunfight with SWAT members.

"My heart is just overwhelmed," Smith said Sunday afternoon, as she stood in her usual spot behind the bar at Menz & Mollyz on Gottingen Street, a popular gathering spot for Halifax's own LGBTQI+ community.

"This is where I spend most of my time," the 22-year-old from Dartmouth said of her workplace, which like many gay clubs becomes "a safe place" for customers, regardless of their sexual orientation or gender identity.

"This is a place where I can completely be myself. It's a community."

Members of the LGBTQI+ community across the country were expressing their empathy for victims and their families Sunday, with many groups organizing

candlelight vigils, including local non-profit Halifax Pride.

"Our thoughts go out to those affected by last night's shooting in Orlando," Halifax Pride posted on its Facebook page early Sunday.

Later in the day, the group posted an event, a Halifax Vigil for Orlando, scheduled for 8 p.m. Monday on the North Common, near Cornwallis and North Park streets.

The vigil aims to "send our prayers to the victims and their families" and "to offer support and solidarity for those in our community who have been affected by this act of violence." The event is advertised with the Twitter hashtag #lovewins.

Later Sunday, Halifax Pride chair Willem Blois called the massacre directed at the LGBTQI+ community "shocking," adding it has created an "overwhelming need to come together as a community in solidarity to support each other."

"A lot of people in the queer community have been victims of violence and discrimination and assault," Blois pointed out. "And any violent act, no matter where it happens, is very triggering for many of us."

Blois said Monday's vigil will mark "a time to heal" for the entire community, particularly for those who identify as queer or Muslim, adding "we don't tolerate any sort of Islamophobia that might come out of it."

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DARTMOUTH

Woman stabbed in home



Philip Croucher
Metro | Halifax

A man has been arrested after a woman was stabbed in Dartmouth early Sunday morning.

Halifax Regional Police were called at 3:30 a.m. to the 0 to 100 block of Kennedy Drive.

The force says a 45-year-old woman was stabbed at a residence and taken to the QEII hospital in Halifax with non-life threatening injuries.

As police investigated the stabbing, a second call came in about a break-and-enter happening on Lakecrest Drive when a door was kicked in.

When police arrived at that scene, a suspect allegedly involved in the stabbing was arrested, a release stated.

Police have yet to announce any charges.

IN BRIEF

Submarine off to Norway

HMCS Windsor, one of four submarines bought from Britain in the 1990s, left the port in Halifax on Sunday to take part in a 12-day multinational exercise off Norway — its second attempt at the transatlantic crossing. The first trip was cancelled just over a week ago due to a mechanical problem.

THE CANADIAN PRESS

Hand-built ship returns

SAILING

Cousins took schooner on three-month maiden voyage



Rebecca Dingwell
For Metro | Halifax

Sailing on a schooner he built with his cousin was a dream for Evan Densmore. But it wasn't without its challenges.

"We had some rough weather around Sandy Hook," he

recalled. "It took us two days to go about 30 miles."

Evan and Nick Densmore started working on their ship about five years ago and it has gone a long way since then. From its humble beginnings in Stewiacke, the Katie Belle just finished a three-month voyage along the Eastern Seaboard, stopping in places such as Gloucester, Mass., New York City and Charleston, S.C., and returning to Nova Scotia late last week.

As they docked on the Halifax waterfront for their official return Saturday, the Densmores were greeted by

PEGGY'S COVE

Memorable moment

One of crew member Chester Gourley's favourite moments on the boat was pulling out of Peggy's Cove on Friday. "We were going eight and a half knots across St. Margaret's Bay. That gives you something that makes all the work worth it."

family, friends and community members.

"Most of these people are

from my own hometown — known me ever since I was a kid and followed the project the whole way along," said Evan.

For Evan, the journey's highlights included crossing the Gulf of Maine.

"The first time you take your boat into another country, it's kind of a major stepping stone."

Evan said many of their crew, like Chester Gourley, had very little previous experience at sea.

"I love adventure," said Gourley, who has known both Evan and Nick for a long

time. "I would have helped any young guy that was doing this."

Now that he's tried it, Gourley said he has "caught the bug" and will be sailing for life.

"There's no doubt in it."

For Gourley, the biggest part of being involved with the Katie Belle was "reversing the trend" of negativity.

"You wouldn't believe the amount of people who thought (Evan and Nick) were crazy," he said, adding that he hopes other people see such a large project can be successful.

"Just put your head down and do it."



COMMUNITY GARDEN VOLUNTEERS LEND HELPING HAND Emma Savage, left, and Grace Szucs were two of the hundreds of volunteers that turned out on Sunday to expand the community garden behind the Dartmouth North Community Food Centre. Close to 20,000 square feet of garden beds, raised beds and a greenhouse were installed on Primrose Street. JEFF HARPER/METRO

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ADVOCACY

Tova Sherman levels playing field for those with disabilities



Yvette d'Entremont
Metro | Halifax

Tova Sherman is a powerful personality unafraid to speak up on behalf of those with disabilities.

She also believes everybody is good at something and will make sure you know it, no matter how much you don't believe it.

A recipient of the Queen Elizabeth II Diamond Jubilee Medal in 2013, Sherman frequently speaks across Canada on issues of inclusivity and equalizing the field for people with disabilities.

She has delivered a TED Talk, has her own television series Inclusion Revolution and provides customized corporate diversity and awareness training that helps show employers how easy it is to be inclusive.

In 2000, Sherman founded the non-profit reachAbility with the simple goal of providing free legal services to people with disabilities.

Today, that organization has grown to include about 500 lawyers volunteering one-on-one legal services to persons with disabilities.

But it also provides a wide range of other free services to clients, including recreation, education and employment and "out of the box" initiatives.

"I believe in the dignity of every individual and that people don't come with instructions, and if we don't



Tova Sherman supports people living with personal barriers by providing them with free recreation, education, employment initiatives and legal services. She calls her staff and volunteers the driving force implementing those programs. CONTRIBUTED

individualize how we support people, they'll keep coming back," Sherman said.

"I'm a great example of that. I learned in a traditional way and as a result I didn't finish high school and I didn't feel I could.... I wasn't structured to learn in the way they teach in schools, so for me it was about creating a place where everyone is welcome, where no one is judged."

As someone who self-iden-



As a person who lives with mental illness, I greatly appreciate the positive impact that Tova makes in the community. Katelyn Woolaver

tifies as having ADHD and anxiety, Sherman is a tireless advocate for inclusivity.

ReachAbility has the first DJ program in Canada for youth who're on the street or struggling with their identity. In-

itially started because research showed it was good therapy for anger management, the program has led to many clients developing DJ careers.

Sherman and her organization also founded Canada's

only disability film fest: The Bluenose Ability Film Festival.

"We are inclusive of, not exclusive of, disability. If someone is facing a barrier, whether that's homelessness, whether that's coming from a different cultural background, perhaps they're transgender — they're facing many of the same stigmas that persons with disabilities do," she explained.

"Since I'm completely committed to equalizing the

+ NOMINATIONS

Do you have someone to nominate?

Each week, we will profile an unsung volunteer hero in our community as part of Halifax Heroes. To nominate someone, email Metro Halifax's managing editor at philip.croucher@metronews.ca or tweet @metrohalifax using the hashtag #Halifaxheroes.

playing field one disability at a time, that's really anyone who requires equalization of the playing field, so that's why I always say we're inclusive not exclusive because I'm not going to turn someone away."

In addition to an accessible organic garden and access to a trauma therapist who sees clients before they reach a mental-health crisis point, reachAbility offers pet-assisted therapy.

Although she also volunteers her time in the community, Sherman said that's something she prefers to keep confidential.

"Tova alone is nothing. There is no such thing as, in my opinion, a hero. These are heroes of Halifax, and the heroes are all of the team through reachAbility, whether that's volunteers or staff who rarely get raises and rarely get the recognition they deserve," Sherman said.

"I could come up with a million great ideas, but if I didn't have a team that could implement them, it would be meaningless. It's great to be a hero, but a hero without a team that can implement that hero's beliefs and ideas is nothing at all."



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'Nobody stood a chance': Witness

MASSACRE

Gunman dead after killing at least 50 at gay nightclub

It had been an evening of drinking, dancing and drag shows. After hours of revelry, the partygoers crowding the gay nightclub known as the Pulse took their last sips before the place closed.

That's when authorities say Omar Mateen emerged, carrying an AR-15 and spraying the helpless crowd with bullets. Witnesses said he fired relentlessly — 20 rounds, 40, then 50 and more. In such tight quarters, the bullets could hardly miss. He shot at police. He took hostages.

When the gunfire finally stopped, 50 people were dead and dozens critically wounded in the deadliest mass shooting in modern U.S. history. Mateen, who authorities said had pledged allegiance to Daesh in a 911 call shortly before the attack, died

in a battle with SWAT team members.

Authorities immediately began investigating whether the assault was an act of terrorism and probing the background of Mateen, a 29-year-old American citizen from Fort Pierce, Fla., who had worked as a security guard.

At least 53 people were hospitalized, most in critical condition, officials said. A surgeon at Orlando Regional Medical Center said the death toll was likely to climb.

"There's blood everywhere," Orlando Mayor Buddy Dyer said.

The gunman's father recalled that his son recently got angry when he saw two men kissing in Miami and said that might be related to the assault.

Mateen's ex-wife said his family was from Afghanistan but that her ex-husband was born in New York. His family later moved to Florida.

The Orlando suspect exchanged gunfire with 14 police officers at the club, which had more than 300 people inside. The

gunfire started around 2 a.m.

"He had an automatic rifle, so nobody stood a chance," said Jackie Smith, who had two friends next to her get shot. "I just tried to get out of there."

At one point, the gunman took hostages. Around 5 a.m., authorities sent in a SWAT team to rescue them, Police Chief John Mina said.

In addition to the assault rifle, the shooter also had some sort of "suspicious device," the police chief said.

In the aftermath of the attack, police departments across the country stepped up patrols in neighbourhoods frequented by the LGBT community.

THE ASSOCIATED PRESS

+ BACKGROUND

The previous deadliest mass shooting in the U.S. was the 2007 attack at Virginia Tech, where a student killed 32 people before killing himself.



FBI agents investigate the damaged rear wall of the Pulse Nightclub in Orlando, Fla., where a mass shooting killed at least 50 people and injured 53 others in what is the deadliest mass shooting in the country's history. JOE RAEDLE/GETTY IMAGES

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Leaders condemn attack, urge unity

RESOLVE

Obama calls it an 'act of terror and an act of hate'

U.S. President Barack Obama decried the deadliest mass shooting in American history on Sunday as a terrorist act targeting a place of "solidarity and empowerment" for gays and lesbians. He urged Americans to decide "if that's the kind of country we want to be."

Hours after a gunman killed at least 50 people in Orlando, Obama said the FBI would investigate the nightclub shooting as terrorism but said the shooter's motivations were unclear. He said the U.S. "must spare no effort" to determine whether the suspect had any ties to extremist groups.

"What is clear is he was a person filled with hatred," Obama said. He added: "We know enough to say that this



U.S. President Barack Obama addresses the mass shooting Sunday. ALEX WONG/GETTY IMAGES

was an act of terror and an act of hate. And as Americans, we are united in grief, in outrage and in resolve to defend our people."

Obama had planned to travel to Wisconsin on Wednesday for his first campaign appearance of the 2016 race, a joint rally with Hillary Clinton in Green Bay, Wisconsin. But Clinton's campaign and the White House said that event was being postponed in light of the attack.

THE ASSOCIATED PRESS

+ PM REACTS

Canadian officials express their grief and sympathy

The attack came during Pride month, both in the U.S. and Canada. Candlelight vigils to mourn the victims were planned in several Canadian cities Sunday night, including Toronto and Vancouver.

Prime Minister Justin Trudeau offered Canada's condolences to the victims, calling the massacre a "domestic terror attack."

Ontario Premier Kathleen Wynne, who is openly gay, wrote on Twitter that her thoughts are with the LGBT community, while B.C. Premier Christy Clark tweeted that she is "incredibly saddened by the evil brutality" of the Florida shooting.

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'Mentally unstable, mentally ill'

PROFILE

FBI, former wife describe shooter who idolized Daesh

He was a body builder and a security guard, a religious man who attended the local mosque and who at one point expressed interest in becoming a police officer, though he never pursued it.

Early Sunday, 29-year-old Omar Mateen gunned down dozens at a gay nightclub in Orlando, police said.

A law-enforcement official says Mateen was known to the FBI before the incident and had been looked at by agents within the last few years.

The official said the matter for which Mateen came under investigation was "open and closed pretty quickly."

Mateen was the son of an Afghan immigrant who had a talk show in the U.S., the nature of which was not entirely clear: A



A bomb disposal unit checks for explosives around the apartment building in Fort Pierce, Fla., where Orlando nightclub shooter Omar Mateen is believed to have lived. JOE RAEDLE/GETTY IMAGES

former Afghan official said the program was pro-Taliban and a former colleague said it was enthusiastically pro-American.

Mateen attended evening prayer services at the city's

Islamic Center three to four times a week, most recently with his young son, said Imam Syed Shafeeq Rahman. Although he was not very social, he also showed no signs of violence,

Rahman said.

"When he finished prayer he would just leave," Rahman said.

He was also bipolar, Mateen's ex-wife, Sitora Yusufiy, told reporters in Boulder, Colo.

"He was mentally unstable and mentally ill," Yusufiy said. She said he would not let her speak to her family and that family members had to come and literally pull her out of his

arms.

Yusufiy said she was "devastated, shocked, started shaking and crying" when she heard about the shooting, but she attributed the violence to his mental illness, not any alliance with terrorist groups.

She said he wanted to be a police officer and had applied to the police academy. Mateen was a security guard at G4S.

Authorities immediately began investigating whether the assault was an act of terrorism. A law enforcement official said the gunman made a 911 call from the nightclub professing allegiance to the leader of Daesh.

In 2014, FBI agent Ronald Hopper said, officials found that Mateen had ties to an American suicide bomber. He described the contact as minimal, saying it did not constitute a threat at the time.

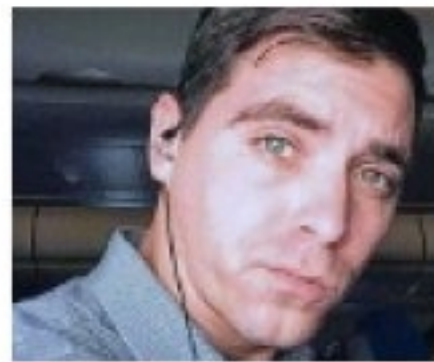
Mateen purchased at least two firearms legally within the last week or so, according to Trevor Velinor of the Bureau of Alcohol, Tobacco and Firearms.

THE ASSOCIATED PRESS

Names of victims emerging



Luis S. Vielma
FACEBOOK



Edward Sotomayor Jr.
FACEBOOK



Luis Omar Ocasio-Capo,
20 years old. FACEBOOK

CALIFORNIA

Man caught with guns, bombs

An Indiana man armed with three assault rifles and chemicals used to make explosives was arrested in Southern California on Sunday and told police he wanted to do harm to a gay pride parade — an event that annually draws hundreds of thousands of people, authorities said.

The early-morning arrest in Santa Monica of James Wesley Howell, 20, came just a few hours

after at least 50 people were shot and killed in a gay nightclub in Orlando Florida, though authorities said they had found no evidence of a connection between the suspects.

Residents called police to report suspicious behaviour from Howell, who was parked facing the wrong way in a white sedan, police said.

When officers arrived they

saw an assault rifle sitting in Howell's passenger seat, Santa Monica police Lt. Saul Rodriguez said.

That prompted them to search the whole car. They found two more assault rifles, high capacity magazines and ammunition and a five-gallon bucket with chemicals that could be used to make an explosive device, police said.

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Helen Keller

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This image shows Omar Mateen, who authorities say killed dozens inside an Orlando nightclub on Sunday. MYSPACE/THE ASSOCIATED PRESS

Ideology often only a 'mask'

PSYCHOLOGY

Stated motives can simply be a final excuse for murder: Expert

Raging homophobia? Islamic radicalism?

Whatever motivation may emerge for the Sunday morning slaughter at a gay nightclub in Orlando, Fla., should be viewed with skepticism, an expert in mass shootings says.

Adam Lankford, a criminal justice professor at the University of Alabama, says underlying mental-health issues typically drive such murders, with any ideological impetus being a

self was killed by police, who soon described his rampage as a terrorist act. But his father, Mir Seddique, said his son may well have been driven by homophobic anger, having become enraged several months ago in Miami at the sight of two men kissing.

Lankford says there's a good chance Mateen will have left documents or internet postings that would make his purported motivations clear.

"So if what we're interested in is what this guy claims is the reason for his attack, it's possible he'll give us the answer," he says.

"That's one answer, but then the broader thing is, once we hear this person claims a motive or doesn't, to what degree

“It was their way of framing themselves as martyrs or heroes in their perspective. Adam Lankford

grasped excuse to justify the carnage.

"There have been a lot of offenders in the past who claim an ideology," says Lankford, author of the 2013 book *The Myth of Martyrdom: What Really Drives Suicide Bombers, Rampage Shooters, and Other Self-Destructive Killers*. "But we don't really think that what they said is why they did it, or is the primary reason they did it."

The 29-year-old Mateen him-

should we believe him?"

Lankford says his book exposed "case after case after case" of killers who professed that Islamic fundamentalism was behind their carnage, but they "really seemed to care more about some combination of killing others and killing themselves," he says.

"The ideology in their case was really kind of a mask. It was their way of framing themselves as martyrs or heroes in their perspective." TORSTAR NEWS SERVICE



Orlando shooting

PHILOSOPHER CAT by Jason Logan

VOICES FROM CANADA'S LGBT COMMUNITY

Coast-to-coast outrage

Metro sought out reaction to the Orlando massacre from prominent LGBT advocates in cities across Canada. **Here's what some of them said.**

'My heart goes out to the victims. Our community has suffered a tremendous loss. We must stand together.'

ELLEN PAGE, HALIFAX, ACTRESS AND LGBT ACTIVIST, (VIA TWITTER)



'Historically, LGBTTQ clubs have always been a bit of a safe space. To have this happen in a club like that — it's saddening.'

JEFF MYALL, PRIDE WINNIPEG



'This is an extreme act of violence targeting not just individuals but an entire community, to eradicate a community.'

KRIS WELLS, EDMONTON, INSTITUTE OF SEXUAL MINORITY STUDIES, UNIVERSITY OF ALBERTA



'This guy is a reflection of that five per cent of society who are bigots ... He didn't have the ability to raise a moral army, so instead he picked up a gun.'

MORGANE OGER, VANCOUVER, CHAIR, TRANS ALLIANCE SOCIETY OF B.C.



ROSEMARY WESTWOOD



'Orlando' will now be used to confirm biases

The bloodiest mass shooting in U.S. history has sent the country into shock. But the reaction was set in stone long before the first bullet was fired.

After a single man massacred 50 people at downtown gay club, Orlando, Fla., "tragically sits atop a list of infamy, sharing the sorrow of Virginia Tech, Newtown, Conn., and Aurora, Colo.," to quote the Orlando Sentinel newspaper. These sites of mass shootings are a new category of American city to which none aspires, and that are inevitably used as shorthand for conflicting beliefs.

"Liberals are going to scream gun control and Republicans are going to scream terrorism," my American fiancé told me. I had called him and his parents in the wake of news, as play-by-play coverage of the investigation and fallout rolled across American media.

"Mass shootings are the Rorschach test," he said. "Whatever you want to see in America, you see your issue in it. They get bigger and bigger. It's an epidemic, and whatever you think the cure is, the epidemic just proves it."

That isn't to say such issues — be it terrorism, gun control, LGBTQ hatred or mental health — are baseless. The gunman, Omar Mateen, did reportedly claim allegiance to Daesh in a 911 call before the attack, and Daesh has claimed

responsibility. (Whether Mateen had any "direct link" to Daesh, or was simply inspired, remains unclear, The New York Times reported). Mateen reportedly acquired both the handgun and a long gun used in the attack legally. Mateen's father said that Mateen was recently greatly upset at seeing two men kissing. And who wouldn't wonder about the mental health of a mass murderer?

But the rush to diagnose outpaces the rush to understand because doing so lets us box the problem away, requiring no further thought, or even nuance. In this way we preclude any real progress toward preventing violence, and saving lives.

The right dismisses the left, and the left does the same, and the echo chambers increase hatred and violence as we skip straight to blame, noted my future father-in-law.

And what of the slain? As their names are slowly released, they battle with "terrorism" and "guns" for headline space, and our attention.

"We need to support each other, we need to love each other, and we will not be defined by a hateful shooter," said Buddy Dyer, Orlando's mayor.

The city might achieve that goal in practice, but the symbolism of its name has been set. And the nation was defined by the shooter before he took a single shot.

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Some parents are using the publicity surrounding the sentencing of former Stanford student Brock Turner, seen above, to talk to their own children about sexual misconduct.

THE ASSOCIATED PRESS FILE

How to talk about consent

ANALYSIS

It's never too early to teach kids about healthy sexuality

When a relative swoops in for an unwanted hug, Todd Minerson's kids don't grin and bear it.

"I teach my kids now, if you don't want to hug grandpa today, that's OK," said Minerson, a father to a 10-year-old boy and a 5-year-old girl and executive director of White Ribbon, an organization promoting gender equality and challenging harmful ideas of masculinity. "That's (their) choice and he's going to respect that."

How to teach children about consent is one of the teachable moments sexual health educators are hoping to come from outrage over details in the Stanford University swimmer sexual assault case — in which a jury in March convicted student athlete Brock Turner, 20, of sexually assaulting an unconscious woman by a dumpster last year. That outrage intensified last week as the victim's impassioned letter spread online, along with Turner's father's in-court comments about "20-minutes-of-action" not warranting his son's six-month jail sentence.

Parents need to talk to their children about consent, healthy sexuality and about taking re-

sponsibility when they cause harm, educators say.

"It starts from birth," said Lyba Spring, Toronto sexual health educator, explaining that as babies, parents should use a gentle, loving touch with their child. As he or she grows, the parent should teach the dictionary names of all body parts, tell the child that touching oneself is OK but should be done in private, and help the child practise saying a big, affirmative "Yes."

Parents also must respect their child's "Nos." If a child doesn't want to be picked up, tickled or hugged, parents must accept that, said Spring.

The message needs to be clear: your body is your own, she said.

As children get older and conversations turn to sex, the message should evolve and include the three prerequisites for any sexual interaction: consent, safety and pleasure, said Spring. She tells students "sub-

stances and sexual activity are a bad mix," though it's one thing to be buzzed and another to be incapacitated — an unconscious person can't legally consent to sexual activity under the Canadian criminal code. If consent isn't clearly there, "You stop on a dime," she said.

But educators and anti-violence advocates admit even they have trouble answering tough questions about the nitty-gritty of consent.

"Nuance is hard," said Minerson. "There are a thousand different scenarios that in real life people could find themselves in. And they need to have the principles and strategies to figure them out themselves."

When working with groups of boys whose questions start going down a rabbit hole, Minerson comes back to the hallmark questions of consent: Is it affirmative? Is it enthusiastic? Is it ongoing?

"If you hear an answer that's anything but enthusiastically affirmative, it's not OK," he said.

Some educators say there's no difference between teaching consent to boys versus teaching it to girls.

But Minerson said that although the mechanics may be the same for both sexes, the context is sometimes different. Men need to know they need to ask for consent, and women need to know it's OK to say "no" and that "no" needs to be respected, he said.

TORSTAR NEWS SERVICE



If you hear an answer that's anything but enthusiastically affirmative, it's not OK

Todd Minerson, executive director of White Ribbon on consent

"Best show I have ever seen. It was an absolutely spectacular event. Loved it."
— Jacquelyn Mildrum, Lyme, CT



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Grimmie killer planned shooting

FANS REACT

'This person was in the crowd with us'

A gunman who shot and killed a singer who rose to fame after appearing on *The Voice* travelled to Orlando from another Florida city specifically to attack her and then fatally shot himself, authorities said Saturday.

Orlando Police Chief John Mina said at a news conference that the suspect, identified as 27-year-old Kevin Loibl of St. Petersburg, Florida, didn't appear to know Christina Grimmie personally. Grimmie was shot to death after giving a concert in Orlando on Friday night. She died early Saturday.

"She was doing a meet-and-greet, just signing autographs and selling merchandise. This white male approached her and opened fire, striking her," Mina said.

"We believe he came here to commit this crime."

The 22-year-old singer from New Jersey finished third during season six of NBC's *The Voice* in 2014, competing on the team of Maroon 5 star Adam Levine. She began amassing a following on YouTube as a teenager, gripping online viewers with her powerful renditions of hit songs.

In an earlier statement, police said Grimmie had performed with the band Before You Exit at The Plaza Live in Orlando. The concert ended around 10 p.m., and Grimmie was shot as she signed autographs for fans at a merchandise table in The Plaza Live concert venue.

Grimmie's brother, Marcus, immediately tackled the gunman, who then shot and killed himself during the struggle, police said. They credited the singer's brother with preventing the gunman from hurting others. Around 120 others were in The Plaza Live at the time.

"Very heroic actions by Marcus Grimmie to jump in and it definitely could have prevented further loss of life," Mina said.

After the concert, 17-year-old Kaitlin Martin was standing with a group of other fans outside The Plaza Live, waiting for members of Before You Exit to come out, when she heard several loud "pops."

"We thought at first they were balloons ... but then security started running all over the place yelling at people to get out because someone has a gun and someone is shooting. Everyone is just running all over the place," said Martin, who travelled to see to the concert from Brunswick,



Christina Grimmie was shot as she signed autographs for fans at a merchandise table. THE ASSOCIATED PRESS



A fan pays her respects at The Plaza Live venue in Orlando, where Grimmie was shot on Friday. Grimmie died early Saturday. GETTY IMAGES

Georgia. "It was chaos."

Martin said she was unsettled knowing the suspect had watched the concert in the same audience she was in. "This person was in the crowd with us, and while we were singing, having a great time, he was there with different intentions," she said.

Detectives were searching Loibl's cellphone and social media accounts looking for clues as to a motive, Mina said, but they weren't aware of any history

of stalking of Grimmie by the suspect.

At Loibl's home, in St. Petersburg, someone had left a note on the front door, expressing the "deepest sorrow" for the loss "to the family, friends & fans of the very talented, loving Christina Grimmie." The note said there would be no other comment. No one answered the door to the one-story house that had a rusted, metal animal trap in the yard. THE ASSOCIATED PRESS

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UEFA have threatened England and Russia with expulsion from Euro 2016 should there be further violence from their fans



Crosby marches Penguins to Cup

NHL PLAYOFFS

Pittsburgh wins hockey's greatest trophy for fourth time

The Pittsburgh Penguins have come full circle to capture another Stanley Cup.

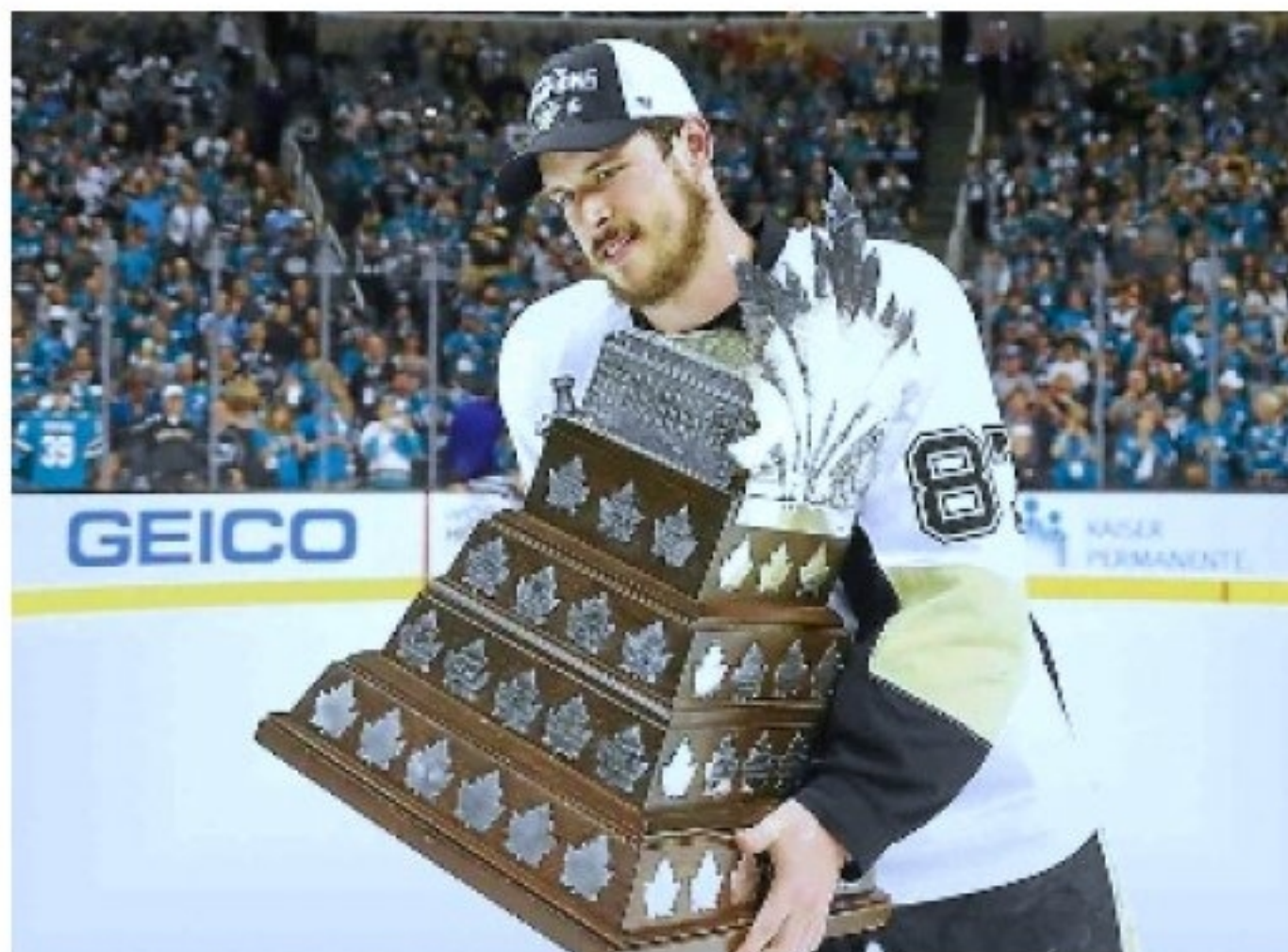
Exactly seven years to the day since their last Cup victory, the Penguins hoisted the game's greatest prize for the fourth time, beating the San Jose Sharks 3-1 in Game 6 at SAP Center on Sunday night.

The Penguins had 12 different scorers in the final, although Conn Smythe Trophy winner and team captain Sidney Crosby never had a goal.

Unheralded defenceman Brian Dumoulin opened the scoring in Game 6 on a power play, later joined on the score-sheet by Kris Letang, who scored the go-ahead goal and eventual game-winner.

Crosby had two assists in the Cup-clinching victory, including the setup of Letang as well as Patric Hornqvist's empty-netter.

Matt Murray, meanwhile, responded with a fine 18-save performance. The unexpected 22-year-old starter for the Penguins this spring matched the



Sidney Crosby was awarded the Conn Smythe Trophy as the most valuable player in the Stanley Cup playoffs. BRUCE BENNETT/GETTY IMAGES

NHL record for wins in the post-season by a rookie goaltender (15), also improving to 6-0 in games that followed a loss.

Much like their last Stanley Cup win in 2009, when Dan Bylsma replaced Michel Therrien, the Penguins morphed into a different team after a

mid-season coaching change. Pittsburgh went 33-16-5 after Mike Sullivan replaced Mike Johnston, while sitting near the top of the league in puck possession. And indeed, their speed was evident all throughout the Cup final, both in terms of how quickly they moved the

puck and their feet.

Despite not scoring, Crosby was a force throughout the final, especially early in the series and then again in Game 6. Crosby finished with four points (all assists) against the Sharks and 19 points in the playoffs. THE CANADIAN PRESS

GOLF

Henderson wins her first major title

Canadian Brooke Henderson beat top-ranked Lydia Ko with a birdie on the first hole of a playoff Sunday in the KPMG Women's PGA Championship after overcoming a three-shot deficit on the back nine.

The 18-year-old native of Smiths Falls, Ont., ranked No. 4 in the world, closed with a bogey-free 6-under 65 — the best round of the week at Sahalee — to match Ko at 6-under 278. Ko finished with a 67.

In the playoff on the par-4 18th, Henderson hit her second shot from 155 yards to three feet, while Ko's second from farther back in the fairway left her with 20 feet. Ko missed to the left and Henderson tapped in to cap a week that started with a hole-in-one on her fourth hole of the tournament and ended with a major championship.

Henderson became the



Brooke Henderson poses with the trophy after winning the KPMG Women's PGA Championship on Sunday in Sammamish, Wash. JEFF GROSS/GETTY IMAGES

second-youngest winner in a major championship, with Ko the youngest last year in the Evian Championship in France.

THE ASSOCIATED PRESS

IN BRIEF

Hamilton wins for the fifth time in Canada

Lewis Hamilton is the Canadian Grand Prix champion again.

The Briton powered his Mercedes AMG to victory Sunday, holding off Sebastian Vettel's Ferrari over the final 32 laps to claim the race for a second year in a row and fifth time overall.

Valtteri Bottas placed third for the Williams team's first podium finish of the year.

THE CANADIAN PRESS

Germans off on right foot at Euro by blanking Ukraine

Bastian Schweinsteiger marked his return from injury by sealing Germany's 2-0 win over Ukraine in the world champions' opening game at Euro 2016 on Sunday.

Schweinsteiger, who suffered his second serious knee injury of the year in training in March and hadn't played since, came on in the last minute and scored in the second minute of injury time. THE ASSOCIATED PRESS

NBL CANADA

Lightning strike at buzzer, force Game 7 against Hurricanes



Kristen Lipscombe
Metro | Halifax

Lightning lit up the Scotiabank Centre court in Halifax on Sunday afternoon.

In an intense, action-packed Game 6 of the National Basketball League of Canada championship, the London Lightning edged the Halifax Hurricanes 93-91, in front of 2,133 exceptionally loud spectators.

As time ticked down in regulation, it looked like the matchup might head into overtime.

But a last-second shot from Lightning forward Stephen Maxwell beat the buzzer to keep them in contention for the league title.

The Lightning victory tied up the best-of-seven series at 3-3, forcing a do-or-die seventh and final game.

"We weren't playing good offence," Hurricanes head coach Hugo Lopez said. "They're holding us really high from the three-point line, so we need to have more bold movement."

"Defensively, we let them score too many threes, so we've

GAME 6 In Halifax



got to tie them up a little bit. Everybody's got to step up."

Guard Justin Johnson led the Hurricanes in scoring with 26

points. Point guard Cliff Clinkscale had a team-leading eight assists, while forward Mike Glover and Kyle Hunt both notched 14 points.

For the Lightning, Scott Akeem scored a team-leading 24 points and nine assists, while Maxwell downed 21 points, including that final tip-in of the game, and snagged nine rebounds.

"We lost at the buzzer," Lopez said, but "we've just got to be positive."

Game 7 tips off at 7 p.m. on Monday, at the Scotiabank Centre.



The Lightning converge on Stephen Maxwell, front, after his game-winning basket on Sunday. JEFF HARPER/METRO

RECIPE Panzanella



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

This rustic salad is a revelation if you've never had the Tuscan summer classic. Get the best, preferably heirloom, tomatoes you can find for the best result.

Ready in
Prep time: 10 minutes
Cook time: 5 minutes

Ingredients

- 1 cup extra virgin olive oil
- 1/2 red wine vinegar
- 1/2 tablespoon Dijon mustard
- salt and pepper to taste
- 4 cups of slightly stale, crusty bread, cubed
- 4 tomatoes roughly chopped
- 1 cucumber peeled and roughly chopped
- 1 yellow pepper
- 1/2 red onion finely sliced or chopped
- 1/2 cup pitted black olives

• 1/2 cup or so of shaved Parmesan

Directions

1. Pour oil, vinegar, Dijon and salt and pepper into a small jar, place the lid on and shake well.

2. In a large salad bowl, toss together the bread, tomatoes, cucumber, pepper, onions, black olives and Parmesan.

3. Drizzle the salad with some dressing and toss, then repeat, giving the bread a chance to drink up the dressing. You want the bread to be moist but not drowned.

4. There will be more dressing than you need, but you'll need more than you'd use for a regular salad as the bread will drink it up.

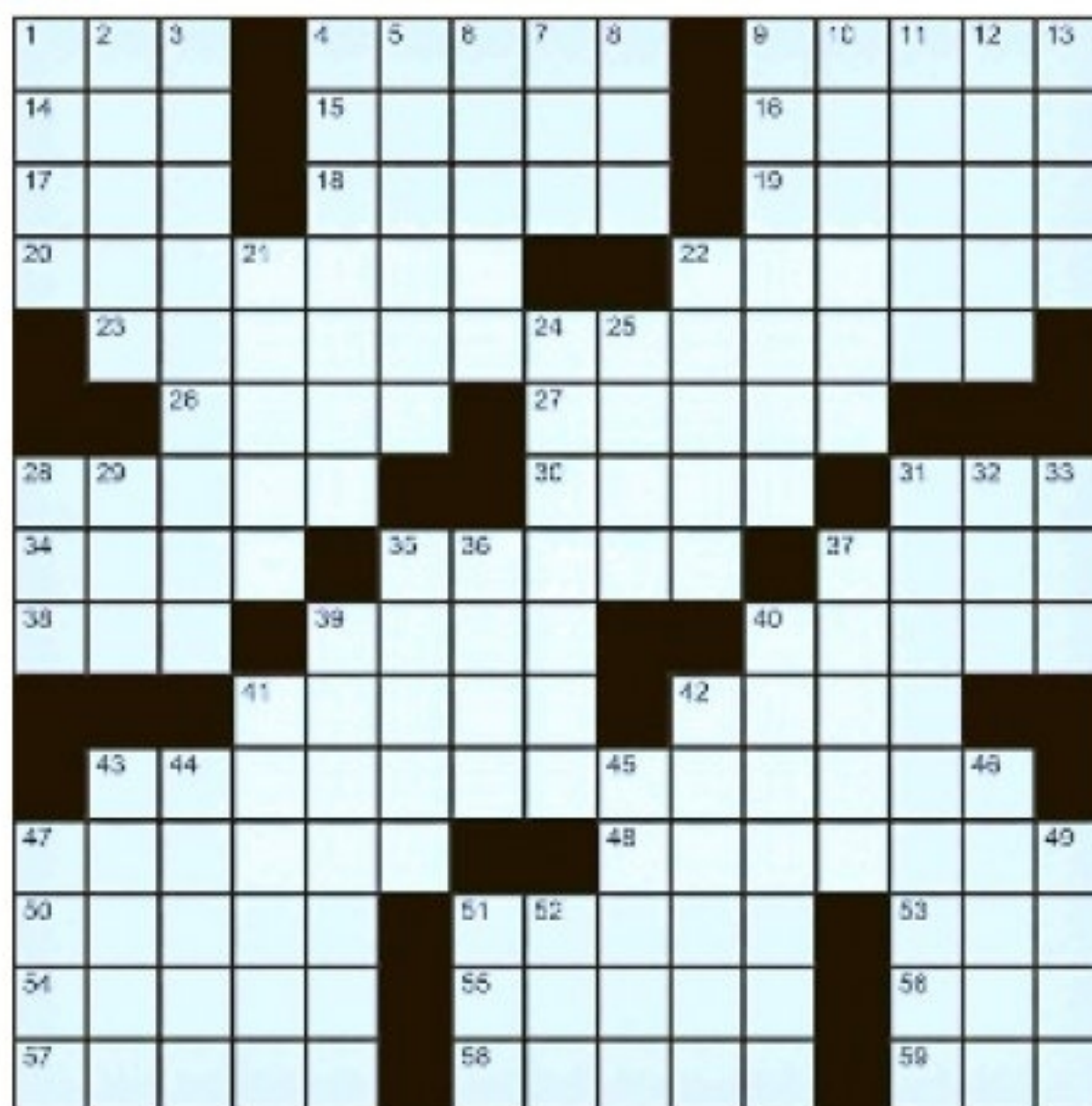
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- Be a war journalist inside a military unit
- Donald of Steely Dan
- Yore's 'before'
- 'All true!': 2 wds.
- Sheep-like
- Mr. Asner's
- Toast's border
- ____-r-t-i-o-n-i-s-t (Acrobat)
- Dog, when responding to a throwing-a-stick human
- Arizona city in "Get Back" by The Beatles
- Cultural attraction in Victoria, founded in 1886: 3 wds.
- Thurs. followers
- Montreal stop sign word
- Just joking: 2 wds.
- Some bar drinks
- Pussycat Dolls hit: "Don't ____"
- Views
- Intelligent individuals institution
- Decked out
- Dept. head
- Streetside eatery
- Ray Charles' instrument
- Shindig
- Cottage's left-out garbage rummager
- Long-running CBC Radio One program about news in the world of science: word + symbol + word



- Radio dials
- Like the not-in-the-oven-yet tinfoil-wrapped potato
- Risky/complicated
- Picture
- Nightfall
- Brief beginning
- Ranked

- Fresh
- Dutch painter Jan
- Manicure board
- Sample

DOWN

- Gripe
- Harmony
- It's what the owners

- accept in a real estate bidding war: 2 wds
- Shackle
- Chef's mushrooms
- Little write-up
- '_' for Edmundston
- Sleuth [abbr.]
- Sharpens the

- image
- Shorebird with stilt-like legs
- TV-advertised knife set brand
- Insects sci.
- Arcade Fire album: '___ Bible'
- Billy Ray ___
- ___ profit (Make

- money)
- '80s police series, "___ Lacey"
- Hosp. pictures
- 'Tour' suffix
- Positive opp.
- Character co-created by Canadian cartoonist Joe Shuster: 2 wds.
- Role for Harrison in '77
- Rumpus
- Targets
- Tiny amphibians
- Single-named American songstress
- CSNY song on 1970's 'Deja Vu': 2 wds.
- Broadcasting award since 1941 that says 'University of Georgia' on it
- Saint-___ et Miquelon (Islands in Atlantic Canada which belong to France)
- Lightly-hitting player at bats
- Mod fashion icon in 1960s Britain, Mary ___
- Amalgamate
- Citation
- Lop
- 'Analyze ___' (1999)
- Moist, as morning grass
- Prior
- Performer

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is an exciting, upbeat day for you! You will enjoy meeting new faces and seeing new places. Unexpected news might catch you off guard. (It's not a boring day.)

Taurus April 21 - May 21
Keep an eye on your finances, because they are unpredictable today. For example, you might find money or you might lose money. Likewise, guard your possessions against loss or theft.

Gemini May 22 - June 21
You feel impulsive and impetuous today! You easily might do something strange on a whim. Invite someone to share a good time with you, or accept unexpected invitations yourself.

Cancer June 22 - July 23
Some kind of hidden treasure might come your way today. If it does, be aware that this window of opportunity is brief, so you will have to act fast. Just say, "Yes!"

Leo July 24 - Aug. 23
You might meet an unusual character today who is intriguing. Or possibly, someone you already know will do something that amazes you. (People intrigue you today.)

Virgo Aug. 24 - Sept. 23
You might develop a crush on your boss or someone in a position of authority today. Or perhaps, this person will bestow a gift on you or do a favor for you. Fingers crossed!

Libra Sept. 24 - Oct. 23
Sudden opportunities to travel might fall in your lap today. Others might get an opportunity for further training or education. If so, act fast, because this opportunity won't last long.

Scorpio Oct. 24 - Nov. 22
Surprise gifts and goodies might come your way today, so be receptive to this. Do not hesitate. Accept what is offered, because you deserve it.

Sagittarius Nov. 23 - Dec. 21
A friend or partner might surprise you in a lovely way today. This is a great day to deal with others, even members of the general public. Expect to be pleased.

Capricorn Dec. 22 - Jan. 20
A surprise raise or praise from others will delight you today. You might also get a chance to make your workplace look more attractive.

Aquarius Jan. 21 - Feb. 19
A surprise invite to a fun event will please you today. Enjoy partying with others, especially with children.

Pisces Feb. 20 - March 20
You might spontaneously entertain at home today, even though it is not planned. Therefore, be prepared and stock the fridge.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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